



## HUMAN RESOURCES AND LABOR RELATIONS DEPARTMENT

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To: County Staff

From: Andrew S. McKinnon, Director  
Human Resources and  
Labor Relations

Date: October 6, 2021

Re: Matthew Garcia



Today we learned that Macomb County, and specifically the Community Mental Health Family, lost friend, colleague and co-worker, Matt Garcia. According to his colleagues Matt passed away after a long battle with cancer.

I didn't have the chance to know Matt, but several teammates in my office got to know him when he worked for the Board of Commissioners. They remember Matt for always having a positive word and a smile on his face, even when facing adversity. As with so many of our team, Matt was a long time employee, who started with the County in 2010. He ended his career with us as an Office Assistant Senior in the CMH Medical Records Department.

Again, as with so many of our team members here in the County, Matt didn't want to have the focus on himself. He asked his family to not make a big deal around his passing, so they are not having a funeral or a public celebration of his life.

Such a young life cut short much too soon. We know how hard it can be to lose a colleague, a friend or a family member. In addition, knowing of a young loss of life can bring up memories that can be difficult for so many of us. Please remember that we provide confidential no-cost support through our Employee Assistance Program (EAP) and it can be accessed by dialing 1-888-333-6269. Additional EAP information is below.

Above you will see a photo of Matt, smiling as he is most often remembered. I hope this might put a smile on your face and causes a ripple that will help Matt's memory carry on.

I hope you all have a safe and peaceful holiday weekend.

Take care of yourself.

# Life Advisor

EMPLOYEE ASSISTANCE PROGRAM

**Confidential, No-Cost Support**

Ulliance Life Advisor  
Consultants are  
available 24 / 7 !

Your Life Advisor  
Consultant can:

- Explore your unique work-life balance needs and identify the right Life Advisor services to support you and your family.
- Schedule you to see a local Ulliance EAP Therapist - Close to where you live or work at no charge to you or your covered dependents.
- Provide you with immediate telephonic support for pressing issues.
- Assist you by researching information you need for Work-Life balance.

## Counseling Services

- Face-to-face or phone sessions with a licensed counselor close to work or home
- Short term, solution-focused support for work-life issues such as stress, major life transitions, relationship issues, substance use, grief/loss and overwhelming emotions

## Life Advisor Coaching Services

- Telephonic sessions with a counselor
- Support and motivation to achieve a work-life goal such as education, career advancement, financial or savings goals, or self-improvement goals

## The Life Advisor Monthly Newsletter

- An electronic monthly publication with information and resources on a variety of work-life concerns, such as relationships, substance abuse and goal setting

## Work-Life Materials

- Books and other helpful materials on a wide variety of work-life topics mailed directly to your home at no cost to you

## Life Enhancement Resource Center

- Anytime access to articles, resources, healthy-living tips, as well as our orientation videos
- Log-in at: [LifeAdvisorEAP.com](http://LifeAdvisorEAP.com)



 888.333.6269

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